

EVENT PROGRAME

This programme provides a summary of each of the activities taking place during the Community Festival. Places at many of the activities will be on a first come first served basis, so please arrive early to avoid disappointment. Please see each listing for more information.

All activities are suitable for all age groups unless specifically indicated. Children and young people aged 14 and under must be accompanied by an adult at all times.

Please note that activities are subject to change.

Time	Activity	Location
10:00	Event opens	Whiteknights Campus
10:00 -15:30	Cole Museum of Zoology open to visitors	Health and Life Sciences Building
10:00 –15:30	SportsPark open for visitors to view facilities	SportsPark
10:00 -10:40	Performance: Dolly and the Clothespegs	Main Stage, Meadow
10:15 -11:15	Workshop: Family Yoga Session	Blandford's, Park House
10:30	Reading Guild of Artists Painting Session	Meeting Point: At the front of Park House
10:30 -11:00	Multilingual Storytime: Mandarin and English	Student Opportunities Building, Reading Students' Union
10:30 -11:00	Children's Talk: Elephants on the Move	Mondial, Reading Students' Union
10:45 –10:50	Welcome from Professor Robert Van de Noort, Vice Chancellor, University of Reading	Main Stage, Meadow
10:50 -11:30	Performance: University of Reading Music Big Band and Percussion Ensemble	Main Stage, Meadow
11:00 -11:30	Multilingual Storytime: Arabic and English	Student Opportunities Building, Reading Students' Union
11:15 –11:45	Children's Talk: What is a Pirate?	Mondial, Reading Students' Union
11:30 -12:00	Multilingual Storytime: Ukrainian and English	Student Opportunities Building, Reading Students' Union

Time	Activity	Location
11:30 -12:30	Workshop: Rank and File Theatre	Blandford's, Park House
11:40 -12:10	Performance: Vocal Networking	Main Stage, Meadow
12:00 -12:30	Children's Talk: Cats, Bats and Pointed Hats	Mondial, Reading Students' Union
12:00 -12:40	Tennis Workshop: Children's Session (5 –12 years old)	Meet at the Information Point 30 mins prior to session
12:20 -12:50	Performance: Reading University K-Pop Society	Main Stage, Meadow
12:30 -14:30	Sports Taster Sessions	Sports Fields, Whiteknights Campus
12:45 –13:15	Research Talk: An aspirin a day keeps the doctor awayor does it?	Mondial, Reading Students' Union
12:45 –13:25	Tennis Workshop: Family Session	Meet at the Information Point 30 mins prior to session
12:45 –13:45	Workshop: Rap School with Vocal Networking	Blandford's, Park House
13:00 -13:45	Performance: Limpopo Groove	Main Stage, Meadow
13:30-14:00	Multilingual Storytime: Greek and English	Student Opportunities Building, Reading Students' Union
13:30 -14:00	Research Talk: Brain Glue: Sticking it to dementia	Mondial, Reading Students' Union
13:30 -14:10	Tennis Workshop: Teenage Session (13-17 years old)	Meet at the Information Point 30 mins prior to session
13:50 -14:10	Performance: Kalakunj	Main Stage, Meadow
14:00 -14:30	Multilingual Storytime: Cantonese and English	Student Opportunities Building, Reading Students' Union
14:15 -14:45	Research Talk: The Self Delusion: How we are all connected and why that matters	Mondial, Reading Students' Union
14:15 -15:00	Tennis Workshop: Adult Session (18+ years old)	Meet at the Information Point 30 mins prior to session
14:20 -14:50	Performance: Vocal Networking	Main Stage, Meadow
14:30 -15:00	Multilingual Storytime: Spanish and English	Student Opportunities Building, Reading Students' Union
14:45 –15:30	Workshop: African Drumming with Limpopo Groove	Blandford's, Park House
15:00 –15:30	Research Talk: Doing Business Better: Should Reading firms have a social purpose?	Mondial, Reading Students' Union
15:00 -15:30	Performance: Glass Half Broken	Main Stage, Meadow
15:30	Event closes	Whiteknights Campus

MAIN STAGE

Make sure you visit the main stage on the Meadow to see some of the exciting performances scheduled throughout the afternoon, including:



Dolly and the Clothespegs



Hailin' from the Kennet Delta, Dolly and the Clothespegs are what you might call a Riverbilly band!



Vocal Networking



We are Vocal Networking – a local Creative Hub that works with up-and-coming local artists in our studios to help them progress in their careers. Come along to the main stage to watch some of our talented artists and musicians and learn more about our community!



Kalakunj

Kalakunj, a South Asian performing arts group and Pride of Reading winner for Cultural Contribution 2022, presents NATYANJALI: An Offering. It will showcase the Indian classical dance style, Bharatanatyam and its intricate rhythmic patterns, beautiful postures, and the spirit of bonding through dance and music.



Limpopo Groove

13:00 -13:45

Limpopo Groove is an upbeat, afro-fusion group for all ages and walks of life. They play infectious, lively music, inspired by their drummer/founder's (Tomson Chauke) African homeland. With original songs written in Shona and English, they blend afro jazz with tribal beats and European influences to create catchy rhythms that crowds just can't help dancing to.



University of Reading Music Big Band and **Percussion Ensemble**



(°) 10:50 –11:30

Fancy toe-tapping to some classic swing tunes or feeling the irresistible beat of the drum? Come and hear our Big Band and Percussion Ensemble showcasing some of what the university's music programme offers our students, staff and alumni.



Reading University K-Pop Society



(×) 12:20 –12:50

Hello we are the RU K-pop's band! The band is a relatively new addition to the society since last year and was created with the idea to share our love for K-pop in a new and exciting way, allowing fans of K-pop as musicians to come together to freely express themselves through music on stage. As well as our band performances, our society's wonderful dance team will be performing, we hope you all enjoy!



Glass Half Broken



(Y) 15:00 –15:30

Glass Half Broken are a feel good fusion band with bouncing beats, tooting trumpet, beguiling bass and smooth vocal harmonies, our sound pops will be coming straight from our instruments into your ear holes! Incorporating a wide range of genres, our funky melodies and empowering lyrics are sure to have you singing and dancing along!

B Radio

B Radio are Ofcom licensed Community Radio Stations based in Reading and Farnborough, broadcasting to Berkshire, Hampshire and Surrey. Community Radio Stations are run on a not-for-profit basis and are designed to provide social gain and community benefits to the station's target community. B Radio serves the under 40 age group in Reading, with a focus on the 15-30 age group, and will be our MC on the main stage throughout the Community Festival. Listen to Hit Music Now on 95.6 FM or download the B Radio app to listen on your phone and message the studio.



QUIET ZONE

Head to the Student Opportunities building in Reading Students' Union to access our dedicated quiet zone, including:





Fifi's Vision

Fifi's Vision provide support for families and individuals who have additional needs. They run sessions throughout the week around Reading and provide opportunities to participate in activities and days out as well as providing vital peer support and help. Fifi's Vision will be joining us in the dedicated quiet zone at the Community Festival, offering a variety of sensory activities such as coloured rice, playdough, wooden shape puzzles, arts and crafts.

Multilingual Storytime

	Mandarin and English
11:00 –11:30	Arabic and English
11:30 –12:00	Ukrainian and English
13:30 -14:00	Greek and English
14:00 -14:30	Cantonese and English
14:30 –15:00	Spanish and English

Limited spaces - visit the information point upon arrival to book

The Centre for Literacy and Multilingualism (CeLM) is delighted to host multilingual storytime! Our multilingual volunteers will read stories and lead fun story-based activities in each language in 30 minute slots. There will also be an opportunity to ask questions to experts in multilingualism from the University of Reading about the benefits of speaking your home language and reading to your child. The sessions will also provide the opportunity for children and parents/carers to meet other families who share the same home language in order to strengthen communities and build new relationships. The event is mainly aimed at preschool children, but all are welcome!

WORKSHOPS

There will be a selection of hands-on workshops and activities taking place across the festival. Don't miss out on this unique opportunity to join in on some fun and engaging activities that all the family can enjoy. Places at many of the activities will be on a first come first served basis, so please arrive early to avoid disappointment. Please see each listing for more information on times and locations.



Family Yoga Session

Blandford's, Park House

Join Yoga with Lizzie for a fun, engaging and educational family yoga session, open to children aged 3-11 years. Lizzie is a children's yoga teacher who is passionate about supporting mental and physical health. The session will be based around a well-known story or theme and will focus on the connection between mind and body, by exploring how yoga poses and breathing can enhance this. All equipment will be provided, however pre-booking is essential.

Advance booking required



Reading Guild of Artists Painting Session

Meet at 10:30 and 15:30

Outside the front of Park House

Drop-in session

Join the Reading Guild of Artists for an informal painting session on Whiteknights campus. Participants need to bring their own painting and drawing equipment and should meet the group at 10:30 outside the front of Park House. Following this, you will head off separately to find a view that inspires you nearby, before coming back together at 15:30 outside Park House for a painting 'throwdown' to share your results. If you prefer to sit down to paint/ sketch, don't forget to bring your camping chair or stool!



Rank and File Theatre Workshop

11:30 –12:30

Blandford's, Park House

Limited spaces – visit the information point upon arrival to book

Rank & File Theatre are offering a theatre & writing workshop on the themes of climate change and displacement. The workshop will be facilitated by refugees, asylum seekers, and people with visible and invisible disabilities, and led by Jude Haste. We will be looking at existing verse and prose and how to structure a theatre recital, including a short writing exercise.



Vocal Networking Rap School

(*) 12:45 –13:45

Blandford's. Park House

Limited spaces – visit the information point upon arrival to book

Have you ever wanted to learn how to rap but didn't know where to start? Look no further! Join Vocal Networking at one of their Rap School sessions during the festival. Vocal Networking welcome beginners to advanced rappers, singers or whoever wants to learn and develop their rapping, writing and rhyming skills. No matter what your experience is, come and join for a good time and vibes!



Limpopo Groove Drumming Workshop

14:45 –15:30

Blandford's, Park House

Limited spaces – visit the information point upon arrival to book

Join Limpopo Groove for a fun, interactive drumming session where you will learn about African drum and culture. No experience is needed to take part, so come along to meet new people and learn a new skill!

SPORTS TASTER SESSIONS

There will be a selection of sports taster sessions and demonstrations taking place during the festival, so make sure to head over to the Sports Field during your visit and try out something new! Please see each listing for more information on times and locations.



SportsPark Open House



10:00 -15:30



SportsPark

Drop into the SportsPark anytime during the festival to view the facilities available for use by local community members.



Sport in Mind



12:30 -14:30



Sports Fields

Head to the sports field between 12:30-14:30 to find out more about Sport in Mind and to take part in family-friendly activities suitable for all.



SportsPark Tennis Workshops

(S)	Children's Session	12:00 -12:40
	(5 −12 years old)	

Family Session	12:45 -13:25
Teenage Session	13:30 -14:10

(13-17 years old)

Adult Session 14:15 –15:00

(18 years +)

Meet at the Information Point 30 mins prior to session

Our tennis workshops will be provided by a tennis coach and are fun and enjoyable for all age ranges. Sessions will cover basic technical and tactical aspects incorporated within a games based approach. All equipment will be provided, however pre-booking is essential.

Advance booking required







Berkshire Brigands Mixed Ability Rugby

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12:30 -14:30



Sports Fields

Berkshire Brigands are an adult rugby union community team welcoming players with learning disabilities, autism, other barriers and those without. Join the team on the sports field anytime between 12:30 –14:30 to find out more and to take part in family-friendly activities suitable for all.

Reading University Boat Club



12:30 -14:00



Sports Fields

Join Reading University Boat Club on the sports field between 12:30 –14:00 where the team will be showing the boats they use and offering some technical coaching on the rowing machines.



Reading University Women's Football Club



12:30 -14:30



Sports Fields

Join the Reading University Women's Football Club on the sports field anytime between 12:30 –14:30 to take part in some fun, family-friendly shooting drills and to learn more about women's football at Reading.



Reading University Jiu Jitsu Society

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12:30 -14:30



Sports Fields

Head to the sports field between 12:30 –14:30 to watch jiu jitsu demonstrations being performed by the Reading University Jiu Jitsu Society.

COMMUNITY

Make sure you visit our Community Activities space in 3sixty, Reading Students' Union to learn more about local organisations and to take part in a variety of family-friendly activities, including:

- Participate in the University of Reading Outreach Team's ancient schoolroom and get hands-on with parchment and ink, as well as mythological-themed top trumps.
- Join Younger People with Dementia CIO for a group bunting project which will explore the country of origin of all those attending the festival.
- Visit the Time for Kindness team as they ask you to get creative and share your own stories of kindness to inspire others.

- Learn about efforts to maintain a hedgehog friendly campus in Reading and decorate your own plant pots with the University of Reading Hedgehog Society.
- Music will be provided from 12:00 -13:00 and 14:00 -15:00 in 3sixty by community band Windsong, a collective of musicians that love to create their own spontaneous music. Windsong is cross generational, cross cultural and crosses musical boundaries so head to 3 sixty to discover their sound for yourselves.

There will also be a selection of local market stalls based in the Meadow Suite. Park House, so stop by for a browse and to support small local businesses selling art prints, beauty products, books, arts & crafts and more!



RESEARCH

CHILDREN'S TALKS

Our programme of children's talks offers fun and interactive learning for children of all ages. A selection of our top academics will bring their subjects to life, helping children to learn something new and amazing at these exciting talks.

Dr Vicky Boult – Elephants on the Move

10:30 -11:00

Mondial, Reading Students' Union

Elephants are always on the move! Looking for food or water, going to meet friends or moving away from danger. Join Dr Vicky Boult from the Department of Meteorology on a journey alongside a family of elephants over the course of a year in their lives. We'll meet the members of the herd, explore why and where they move and how this is changing. Expect drama, difficult decisions and lots of laughs along the way!

Professor Helen Parish – Cats, Bats and Pointed Hats

12:00 -12:30

Mondial, Reading Students' Union

How much do we really know about the history of witchcraft? Join Professor Helen Parish from the Department of History as we take a journey back to the seventeenth century to investigate beliefs about witchcraft in the past, act as historical detectives gathering stories and information, and test some of our assumptions against the available evidence.

Dr Richard Blakemore – What is a Pirate?

11:15 –11:45

Mondial, Reading Students' Union

We all know what pirates are – what they look like, what they talk like, what they do. Or do we? How many of our popular and familiar ideas about piracy are true? Join Dr Richard Blakemore from the Department of History as we take you on a tour of the real pirates of the Caribbean, introducing colourful characters and fascinating historical evidence, and exploring the myths and legacies they left behind.





RESEARCH TALKS

Our programme of research talks showcase research highlights from across the University. These talks wills be given by Reading academics renowned in their field and cover a wide range of topics at an accessible level for all to enjoy.

Professor Jon Gibbins – An aspirin a day keeps the doctor away.....or does it?

12:45 -13:15

Mondial, Reading Students' Union

Join Professor Jon Gibbins to explore why and how cardiovascular disease develops and to find out about the latest research to reduce the risk of these life-threatening conditions. The University's Institute for Cardiovascular and Metabolic Research contributes to understanding what causes blood to clot when it shouldn't (a process known as thrombosis which triggers heart attacks or strokes) and the long term damage caused in the heart muscle which leads to heart failure. Recent breakthroughs includes research into the impact of Covid-19 on clotting and a new discovery of a protein that offers hope in the fight against thrombosis.

Dr Mark Dallas - Brain Glue: Sticking it to dementia

Mondial, Reading Students' Union

Nearly a million people in the UK today are living with dementia, and we regularly hear about breakthroughs in dementia research. Medicines are now being approved, but are these the wonder drugs that we are all hoping for? Time will tell but fundamental research must carry on providing more medicines for those living with dementia as one medicine will not work for all. To achieve this scientists are now studying not only nerve cells in the brain, but the so-called glial cells - previously thought to be just the 'glue' that sticks other brain cells together. Evidence suggests that these cells could provide insight and even early warning about the onset of disease, years before clinical symptoms develop. Join Dr Mark Dallas from the Reading School of Pharmacy as he outlines some of the challenges in finding treatments for brain diseases and explores the potential of glial cells in the fight against Alzheimer's disease.





Professor Tom Oliver – The Self Delusion: How we are all connected and why that matters

14:15 -14:45

Mondial, Reading Students' Union

We often think of ourselves as individuals, acting alone, with an inner self that stays the same across our lives. But this is an illusion – in fact, we are more connected with others, the planet and the universe than we realise. Join Professor Tom Oliver from the Department of Ecology and Evolutionary Biology as he explains some surprising science that will make you think differently about yourself and your place in the world.

Professor Emma Borg – Doing Business Better: Should Reading firms have a social purpose?

15:00 -15:30

Mondial, Reading Students' Union

Business delivers society's wants and needs: from goods and services, to wealth creation and employment. But businesses also enjoy a range of benefits from society: access to an educated workforce, reliable transport links, and the protections of the legal system. Join Professor Emma Borg from the Department of Philosophy as she explores the nature of this complex relationship between business and society. Using evidence from her own research, Professor Borg will ask whether companies need to specify a 'social purpose' to earn their place in society.

INTERACTIVE RESEARCH EXHIBITION

Visit our Research Exhibition space in Monterey, Reading Students' Union to learn more about the fascinating research we do at Reading, meet our scientists and take part in a variety of hands-on activities, including:

- Visit our bumblearium to find out more about bees and pollinators
- Learn more about medieval Reading and how history is stored in documents
- Discover the fascination of tiny worms in water and how they are used for research about skin irritants